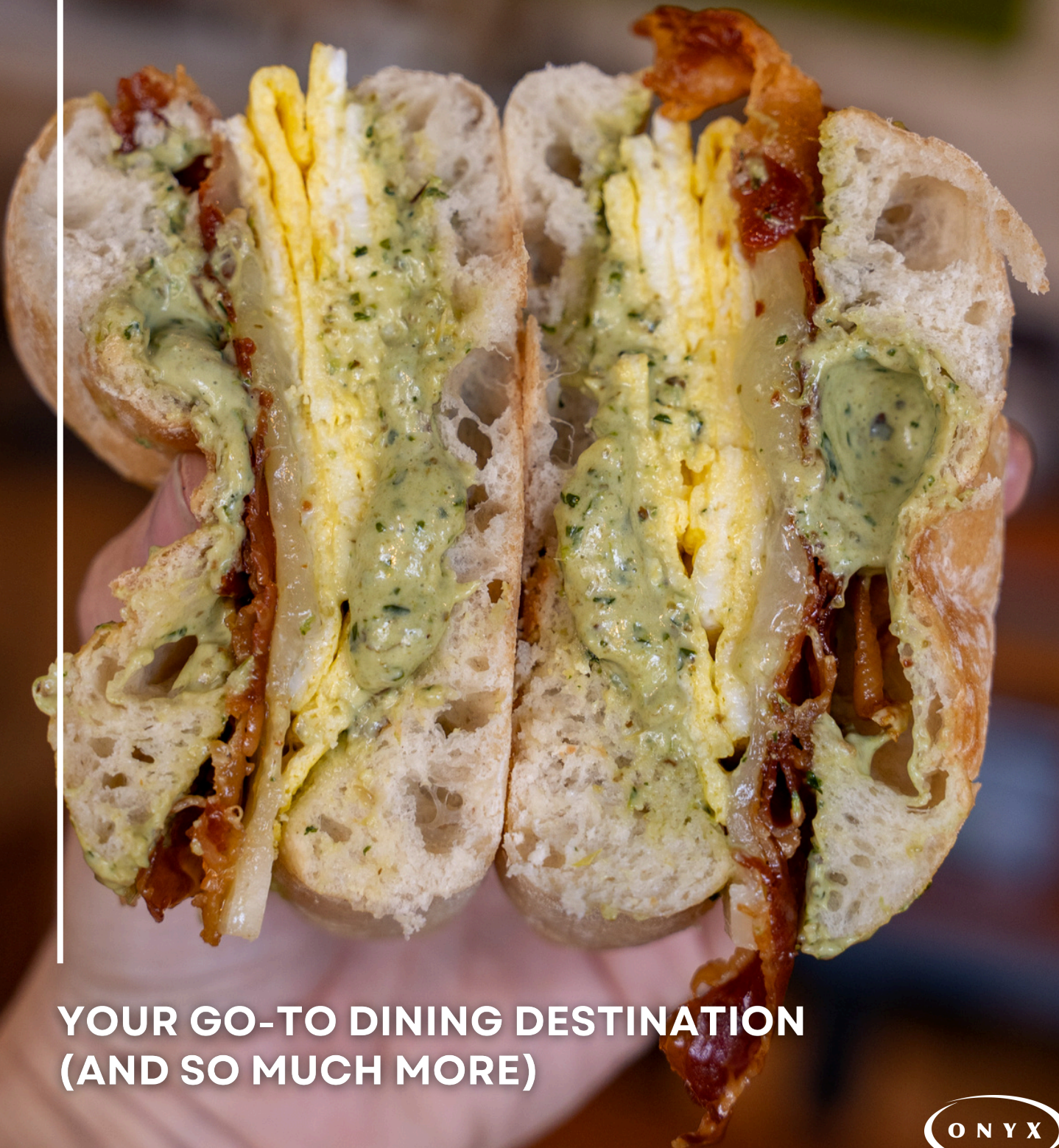


NOVEMBER 2024

# THE JUNCTION

GATEWAY CENTER | NEWARK, NJ



YOUR GO-TO DINING DESTINATION  
(AND SO MUCH MORE)





# **WELCOME TO THE CROSSROADS OF CULTURE & CUISINE.**



Inside Gateway Center,  
Newark's new  
restaurant row  
meets everyday  
conveniences, right at  
your office doorstep.

[THEJUNCTIONATGATEWAY.COM](http://THEJUNCTIONATGATEWAY.COM)

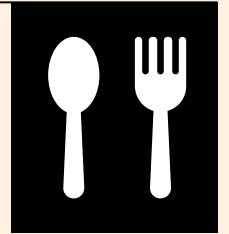
A woman with long brown hair, wearing a white turtleneck and a multi-colored plaid coat, is seated at a white table. She is holding a white cup of coffee with a latte art design. On the table in front of her is a white plate with a golden-brown croissant, a pair of gold-rimmed sunglasses, and a small white rose. The background is a blurred indoor setting.

# SOMETHING for everyone

From 'grab and go' to a seated dinner, matinee meals to happy hour, The Junction at Gateway Center has gotten a delicious upgrade as New Jersey's most exciting home base for Garden State dining.

In addition to the wide array of new restaurants, more and more lifestyle retailers continue to join our concourse, transforming The Junction into the ultimate destination for culture, convenience and cuisine for Gateway employees, the downtown Newark community, and beyond.

# DINING



## 375° CHICKEN 'N FRIES

Hours: Mon - Fri, 11 am - 8pm\*  
Website: [375chicken.com](http://375chicken.com)

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## FRESH & CO

Hours: Mon - Fri, 7 am - 7 pm\*  
Website: [FreshandCo.com](http://FreshandCo.com)

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## UNCLE WILLIE'S WINGS

Hours: Mon - Fri, 11 am - 7 pm\*  
Website: [UncleWilliesWings.com](http://UncleWilliesWings.com)

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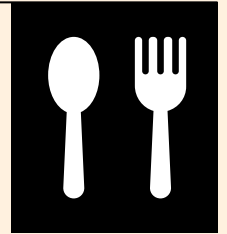
## MOKBAR

Hours: Mon - Fri, 11 am - 3 pm\*  
Website: [mokbar.com/newark-gateway](http://mokbar.com/newark-gateway)

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# DINING



## JERSEY MIKE'S

Hours: Mon - Fri, 7:30 am - 4 pm\*

Website: JerseyMikes.com

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## DUNKIN'

Hours: Mon - Thurs, 6 am - 4:30 pm;

Fri, 6 am - 3 pm\*

Website: DunkinDonuts.com

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## GRK EXPRESS

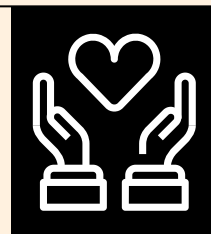
Coming Soon



## KAMASU

Coming Soon

# LIFESTYLE



## JAG PHYSICAL THERAPY

Website: [JAGPT.com](http://JAGPT.com)

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## ONE STEP AHEAD LEARNING CENTER

Website: [OneStepAheadLearningCenter.com](http://OneStepAheadLearningCenter.com)

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## GATEWAY PHARMACY

Hours: Mon – Fri, 8:30 am – 6:30 pm\*

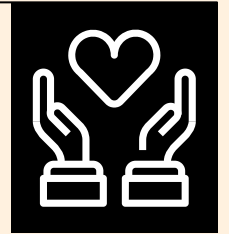


## GATEWAY NEWSSTAND

Hours: Mon – Thurs, 7 am – 4:30 pm;  
Fri, 7 am – 3pm\*



# LIFESTYLE



## NEWARK HAPPENING VISITOR'S CENTER

Website: [NewarkHappening.com](http://NewarkHappening.com)



## SETON HALL UNIVERSITY WELCOME CENTER

Website: [SHU.edu/gateway-center](http://SHU.edu/gateway-center)



## ALL STARS PROJECT

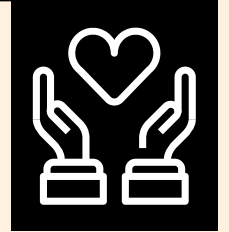
Website: [AllStars.org](http://AllStars.org)



## EXECUTIVE CAR WASH

Located in the Gateway 3 garage  
Website: [ExecCarWash.com/detailing](http://ExecCarWash.com/detailing)

# LIFESTYLE



## **LAZ PARKING AT ONE GATEWAY**

Enter at 11-43 Raymond Plaza West  
Website: [LAZparking.com](http://LAZparking.com)

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# GOOD EATS on demand

catering & group  
orders available

Browse multiple restaurant menus in  
one place - now with the option to  
order ahead and skip the line! We'll  
text you when it's ready for pick up.





\$8.99 SLIDER MEAL DEALS,  
ALL MONTH LONG



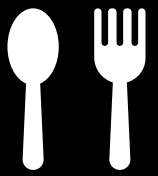
**November Slider Meal Deal:**  
Your choice of a classic or hot  
chicken slider, fries, and a drink  
for just \$8.99

375° Chicken 'n Fries is a crave-worthy fast food concept established in New York City's Lower East Side in 2017 featuring flavorful, unexpected takes on comfort food's favorite: chicken and fries - with no additives, antibiotics, and fillers.





# SO MANY SPECIALS THIS MONTH!\*



- Everyday happy hour special from 4-6pm:  
20 wings + 2 orders of fries for \$25.99\*
- Every Wednesday is Wing Wednesday!  
Enjoy delicious wings at \$1.50/each\*
- 1/2lb shrimp basket with fries for \$10.99
- Catfish nuggets with fries for \$10.99
- Cup of Soup \$6.50

Uncle Willie's love of 90's hip-hop culture and classic food create the perfect recipe for this local hotspot, offering the best wings in Newark and beyond.



\* Valid through November 30, 2024. Proof of office tenancy at Gateway Center required. Promotions may be extended and are subject to change at any time at the total discretion of the restaurant. "Wing Wednesday" promotion is offered on a minimum of 6 wings, and a maximum of 12 wings with one sauce only. Ranch and blue cheese are additional. Traditional bone-in wings only, no "all flats" and no "all drums". "Happy hour special" is offered with a limit of 2 sauces. All promotions are limited to one per customer per visit and cannot be combined with other promotions. Please contact the restaurant for full details.

15% OFF BREAKFAST &  
10% OFF CATERING, EVERYDAY



Partnering with farmers to provide hyper-local seasonal fruits and veggies, Fresh & Co's innovative menu is one-of-a-kind, taking special care of their vegan, vegetarian, gluten-free, and meat-loving guests.

fresh&co<sup>®</sup>

\* Valid through November 30, 2024 on full price items only. Additional exclusions may apply at the restaurant's discretion. Proof of office tenancy at Gateway Center required with limit of one per tenant. Promotions may be extended and are subject to change at any time at the total discretion of the restaurant. Please contact the restaurant for full details.



10% OFF YOUR ORDER ON  
MONDAYS & FRIDAYS\*



Led by celebrity chef  
Esther Choi, Mokbar  
celebrates traditional  
Korean cuisine through a  
constantly evolving menu  
inspired by the everyday  
food, culture, and lifestyle  
of Korea.





The world's leading baked goods and coffee chain serving 50+ varieties of donuts, dozens of premium beverages, bagels, breakfast sandwiches and other baked goods.

**DUNKIN'**





Established on the iconic Jersey Shore in 1956, Jersey Mike's remains dedicated to crafting authentic East Coast-style subs using the very same cherished recipe that launched our journey over 60 years ago.

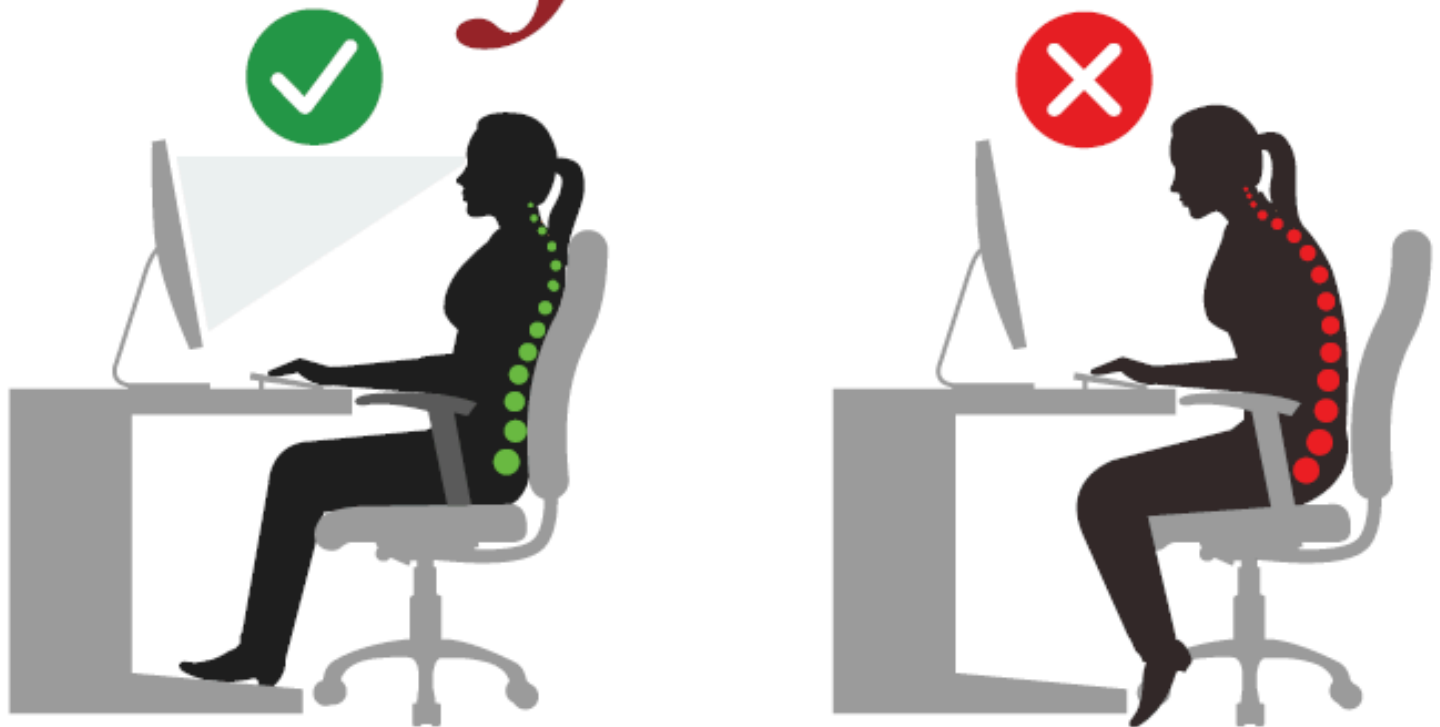






JAG offers personalized rehabilitation services and expert care to help patients recover from injuries, improve mobility, and enhance overall physical wellness.

**JAG**  
PHYSICAL THERAPY



## PROPER OFFICE AND DESK ERGONOMICS

### STEP 1

#### FIND YOUR NATURAL POSTURE

Move chair away from your desk and sit down comfortably. Feet should be flat on the floor, with hands in your lap, shoulders relaxed and back flat up against the back of the chair.

### STEP 2

#### KEYBOARD AND MOUSE PLACEMENT

Position keyboard 1-2 inches above thighs; this may require a pull-out keyboard tray. The keyboard and mouse should be shoulder-distance apart, elbows at side, and your arms at or below a 90-degree angle.

### STEP 3

#### POSITION YOUR SCREEN(S)

Sit back in the natural position and extend arm out in front of you. The tip of the middle finger should land on your screen. To find the perfect height, close your eyes while sitting in the natural position and when you open them they should land on the top of the screen.

### STEP 4

#### ADJUST YOUR CHAIR

The space between the edge of the chair and the back of the knees should be no more than the size of your fist. When sitting, both feet should be flat on the floor (not dangling) in front of you, and your thighs should be slightly below hips.

**REMEMBER:** A short 1-2 minute break should be taken every 30 minutes to reduce stiff muscles and blood flow reduction. Avoid eye fatigue by resting your eyes and looking away from the monitor to focus on something in the distance.



\$50 OFF WEEKLY TUITION +  
50% OFF REGISTRATION FEE\*



Located steps from your office within Gateway Center, One Step Ahead is a dynamic daycare environment for children ages 2.5 to kindergarten (and aftercare) to explore their creativity through comprehensive educational and performing arts programs.

Register today:  
Call (201) 583-5533 , or visit  
[OneStepAheadLearningCenter.com](http://OneStepAheadLearningCenter.com)







Located inside the Gateway 3 garage, Executive Car Wash is a unique car detailing service for the busy professional. Services range from waxing to full auto detail, including exterior polishing and waxing.

For a menu of services, please visit:  
[ExecCarWash.com/detailing](http://ExecCarWash.com/detailing)

**Executive** CAR WASH



# Need Parking for You or Your Guests?

Enjoy convenient locations and affordable rates at our Gateway Garages. Whether you need daily or monthly parking, we have the perfect solution.

**Park with LAZ – Easy, Affordable, Convenient!**

**One Gateway Garage**

1143 Raymond Plaza  
West Newark, NJ

**Three Gateway Garage**

265-281 Market Street  
Newark, NJ



Use coupon code  
**GATEWAY10** for 10% off  
your next daily reservation.

Email [NJGateway@lazparking.com](mailto:NJGateway@lazparking.com) to sign up for monthly parking.



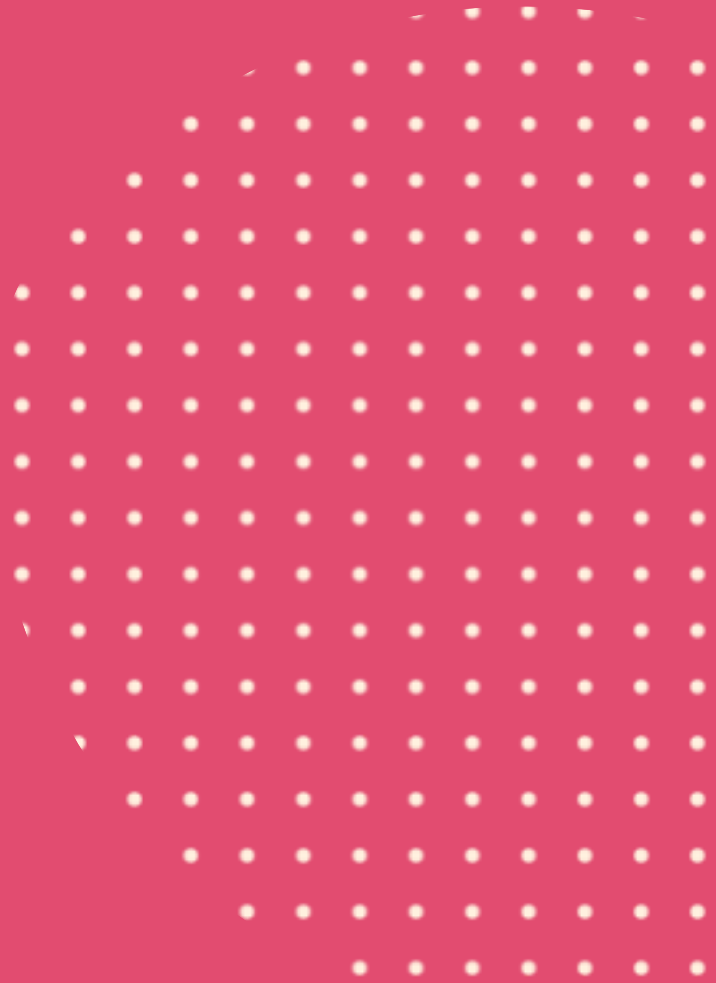
**Parking is easy with the LAZ App**

Download to reserve your space today.





TheJunctionatGateway.com



# THE JUNCTION

**GATEWAY CENTER | NEWARK, NJ**

11-43 Raymond Plaza West  
Newark, NJ 07102

